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## Inter Corps, Army Unit and Individual 10k Road Race Championships 03 Nov 21

1. **General**. The Army 10Km Championships (Inter Corps, Inter Unit Team and Individuals) will be held will be held **Wed, 3 Nov 21** commencing at **1430hrs** at **Castle Combe Race Circuit, Upper Castle Combe, Chippenham SN14 7EY.** The race will be held on closed roads.  The event will be organised by the AAA Secretary and supported by DB Max.

2. This event will be part of a festival of Army sports that will be taking place at Castle Combe that day. The day’s activities are:

* **Event 1 – 3 up time trial** 
  + Distance - 10 miles.
  + Start/finish time – 0900hrs – 1100hrs.
* **Event 2 – Duathlon.**
  + Distances – 2 mile run/9.25 miles bike (5 laps)/ 2 mile run/9.25 miles bike (5 laps)/ 2 mile run.
  + Start/finish time – 1130hrs – 1400hrs.
* **Event 3 – Running.**
  + Distance – 10km
  + Start/Finish time – 1430hrs – 1545hrs.

Athletes may take part in any or all the events that day. Athletes who participate and complete all 3 events will be eligible for a “*Gladiator Finishers*” medal. Individual event leads will promulgate administration instructions and entry links on a separate basis.

3. **Eligibility**. The Inter Corps and Army Championships is open to all serving members of the Regular Army (Men & Women) and Reserve Forces. There will be no separate Reserve forces competition or prizes held within this event. All Reserve forces entries will be entered under the Army Championships in line with the one Army concept.

4. There will be one race in which the following events will be contested:

**Army Individual:**

* + 1. Army Female Individual Senior Championships
    2. Army Female Individual Masters Championships
    3. Army Female Individual Under 23 Championships
    4. Army Male Individual Senior Championships
    5. Army Male Individual Masters Championships
    6. Army Male Indivdual Under 23 Championships

**Inter Corps:**

* + 1. Female Inter Corps Team Championships
    2. Female U23 Inter Corps Team Championships
    3. Female Masters Inter Corps Team Championships
    4. Male Senior Inter Corps Team Championships
    5. Male Under 23 Inter Corps Team Championships
    6. Male Masters Inter CorpsTeam Championships

**Inter Unit:**

* + 1. Army Female Inter Unit Team Championships
    2. Army Female U23 Unit Team Championships
    3. Army Female Master Team Championships
    4. Army Major (Male) Inter Unit Team Championships
    5. Army Minor (Male) Inter Unit Team Championships
    6. Army Male Under 23 Team Championships
    7. Army Male Masters Inter Unit Team Championships

# ***NOTES:*** Team Composition: All team competitions consist of 4 competitors per team.

# Team prizes will only be awared in categories with 3 or more team entries.

5. **Entry Process**.

1. **Online**. Entry to this event is free. The link to the online entry is <https://race-nation.co.uk/register/db-max/army-events-nov-2021> **This link will close at 1200hrs 1 Nov 21 – there will be NO entry on the day.** Please ensure you complete all questions (an emergency contact MUST be provided in the entry form).
2. All athletes are to enter individually at the link above and will automativally be entered into their Corps/Unit. Scoring for the team competitions will be the best accumulated places for each teams quickest 4 runners. Runners can count in all categories they are eligible for ie:

A Male/Female aged 41 who enters will be eligible as follows:

Senior and Masters Individual Championships.

Inter Unit and Inter Corps Team Senior and Masters competiton (providing there are 4 entries for that unit).

A Male/Female aged 31 who enters will be eligible as follows:

Senior Individual Championships.

Inter Unit and Inter Corps Team Senior competition (providing there are 4 entries for that unit).

For Corps and units with more than four runners in a category they will automatically have the next four runners counted as team b, c ect.

c. Masters ladies must be 35 or over and men must be 40 or over on the day of the competition. Units may enter composite teams of the same gender (‘hors concours’) but will only be eligible for Masters prizes.

d. Competitors for U23 male & female categories must be aged U23 on the day of the competition to be eligible to compete in these competitions.

6. **Race Registration.** Participants are to book in at the on-site registration tent (race numbers and timing chips will be allocated). Whilst at the registration tent all individuals must follow the social distancing measures in place. Once registered athletes are to move away from this area immediately.

7. **Race Briefing.** A race brief will be conducted at 1330 and indivduals will be informed of the location of the brief as they register on the day.

8. **Walking the Course**. The course will be available to walk from 1300 but all competitors are to be aware that they must wlk around the outside of the track on the grass as there will be a dualthon taking place and no one will be allowed on the track during this race.

9. **Results**. DB Max will be providing the electronic timing and producing the results. Electronic chips will be on the back of your running number - do not remove your number until after you have crossed the finish line finished because the position will not be recorded. All results will be live on the DB Max website <https://www.dbmax.co.uk/races/running-events/>

immediately after the race.

10. **Travel**. This letter is the authority for the individuals to travel at public expense to

this approved AAA competition, in accordance with JSP660 and **2019DIN10-025**. All travel arrangements are to be by the cheapest and most economical means and coordinated so as individuals travelling from the same or near unit locations travel together. Subsistence allowance claims are not admissible for sports and no claims for subsistence allowance should be made for this event.

11. **Force Health Protection**. Whist the restrictions on gatherings and facemask wearing have been relaxed, all participants should ensure they followthe current Direction & Guidance in accordance with the New Covid 19 Force Health Protection Instruction, ASCB and Government advice at all times:

* 1. All athletes are to fully comply with Army (FHP) measures. Any unit specific or local rules are also to be adhered to. Particular attention should be paid to:

(1) Individuals should not travel if they or any of their household members are showing coronavirus symptoms or are self-isolating because a household member is showing symptoms.

(2) Where possible teams should restrict interaction to their unit bubbles and ensure that they are following the guidance to wash hands regularly.

(3) Army Athletics recommend that all those attending take a Covid 19 Lateral Flow test within 48 hours of the event and only attend if the test is negative. Ana additional LFT should be taken on return to home establishment and if anyone tesats positive they should take a PCR Test and if positive report this to the Secretary Army Athletics.

12. **Behaviour**. Service personnel are to note that this venue is a privately run venue, therefore standards of behaviour are to be extremely high, in particular loud and offensive language will not be tolerated.

13. **Duty Status**.This event has been authorised by HQ ASCB. Commanding Officers are to authorise ‘on duty’ status prior to names being released on Orders[[1]](#footnote-1). Officers and soldiers participating in this event must have their names detailed on Part One Orders prior to competing.

14. **Medical Staff**. In the event of an injury the procedure to be followed will be directed by event coordinator as detailed in the safety brief prior to the start of the event. Medical emergencies will be dealt with by the emergency services this will be coordinated by the management team.

15. **Prizes**. Prizes will be awarded as follows subject to number of competing teams within each category:

**Individuals:**

1st Medal

2nd Medal

**Team Championships:**

: 1st Team x Trophy and 4 Medals

2nd Team x 4 Medals

\*Minimum of 3 competing teams in a catergory.

16. **Photography/Personal Data**. During the event imagery (photographs, audio/videos, films) may be taken in order to publicise/advertise the activities of the Army Athletics Association through commercial, editorial, public relations, recruitment, on-line media and/or any other use that is not defamatory, libellous or otherwise unlawful. Individuals should be aware that they would have no claim of ownership of the imagery/audio and that they will not receive remuneration for its usage now, nor in the future and that the imagery/audio may be cropped, modified or altered, without stating an objection. Individuals that do not consent to the above are to make that fact known to the event organiser who will ensure that their image is not captured or used.

17. Personal date will be collected for this event in line with the Army Athletics Privacy Policy and will only be retained for 30 days after the event.

18. The results,image(s) and/or recording(s) will be stored securely in appropriate file formats on servers belonging to the ASCB and/or its authorised agents. Results and Images will be retained indefinitely for ASCB historical records.

19. You have the right to request any image or personal information relating to you removed at any time and this can be removed by contacting [media@ascb.uk.com](mailto:%20media@ascb.uk.com) or the undersigned.

20. **Your rights**. You have the right to request to see a copy of the information we hold about you and to request corrections or deletions of the information that is no longer required. You can ask the association to stop using your images at any time, in which case it will not be used in future publications but may continue to appear in publications already in circulation.

You have the right to lodge a complaint against the ASCB regarding data protection issues with the Information Commissioner’s Office (<https://ico.org.uk/concerns/>).

21. **Summary**. This event allows Army Athletics to join with other sports and put on an event that allows individuals to challenge themselves in individual activities or push their physical and mental capacities to the limit by taking part in a day of exciting and testing day of endurance sports.

Original Signed

J Killoran

Maj (Retd)

Secretary AAA

Distribution:

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1. [Authority to Conduct Physical Development (PD) Activities and Duty Status Applicability](http://defenceintranet.diif.r.mil.uk/libraries/corporate/DINStraining/2014/2014DIN07-028.pdf). [↑](#footnote-ref-1)