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| **Defence Instructions and Notices**  (Not to be communicated to anyone outside HM Service without authority) | |
| **Title:** | Inter-Services Martial Arts Championships 2019 |
| **Audience:** | All Regular and Army Reserve personnel |
| **Applies:** | Immediately |
| **Expires:** | December 2019 |
| **Replaces:** | N/A |
| **Reference:** | **2019DIN10-012** |
| **Status:** | **Current** |
| **Released:** | February 2019 |
| **Channel:** | 10: Sports and Social Events |
| **Content:** | This instruction provides information on the Inter-Services Martial Arts Championships which is to be held at the Combat Sports Centre, Aldershot on 13-14 Jul 2019. |
| **Sponsor:** | UK Armed Forces Martial Arts Association/Army Sport Control Board |
| **Contact:** | Captain Mat Frost: Event organiser  Contact Details: Tel No: 0208 781 3245 / 94691 3245  Email: [mathew.frost252@mod.gov.uk](mailto:mathew.frost252@mod.gov.uk) |
| **Keywords:** | Karate, Kendo, BJJ, Taekwondo, ITF, WTF, Weapons, Martial Arts |
| **Local Keywords:** | Administration Instruction, Inter-Services, Martial Arts |
| **Supplements:** | N/A |
| **Related Info:** | www.armysportcontrolboard.com |
| **Classification:** | OFFICIAL |

**INTER-SERVICES MARTIAL ARTS CHAMPIONSHIPS 2019**

**Introduction**

1. This DIN provides information on the Inter-Services Martial Arts Championships which will take place at the Combat Sports Centre, Canada House, Rawlinson Road, Aldershot, GU11 2LQ, on 13-14 July 2019

**Aim**

1. The aim of this DIN is to outline the administrative arrangements for the Inter-Services Martial Arts Championships 2019.

**Administrative details**

1. **Travel**. Travel at Public expense for this event is admissible under current regulations. The rules are contained in JSP 752, JSP 660 and 2014DIN01-099. Travel is to be booked under POT code 16 as this classifies as a representative sporting fixture.
2. **Accommodation**. Individuals are to contact Sodexo/Aspire through the Central Accommodation Booking System on 01252 354305 or [defence.bookings@sodexo.com](mailto:defence.bookings@sodexo.com).
3. **Executive Committee Meeting**. There will be an executive committee meeting of 2019 will be held as a precursor to the 2019 Inter-Services Championships. This will be held at the CSC at 1500 on Fri 12 Jul 2019. Travel for this meeting is also authorised at public expense via the above documentation.
4. **Timings**. All competitors are to arrive at the CSC from 0900 on the day of the competition, and be registered by 1000, whereupon there will be an AGM and competition brief.
5. **Rules**. Participants are to note the following:
   1. **Karate**. There will be individual Kata and Kumite events for both male and females. There will also be team Kumite. The current WUKF rules are to be used.
   2. **ITF Taekwondo**. There will be individual Patterns for male and female, Kup and Dan grades. ITF rules sparring will consist of male Kup and Dan categories and female Kup and Dan categories. Categories may be merged, numbers dependant.
   3. **WTF Taekwondo.** There will be individual Poomsae for separate male and female open grade categories. WTF rules sparring by means of PSS electronic scoring will consist of separate male and female Kup and Dan grades, light and heavy weight categories. Categories may be merged, numbers dependant.
   4. **Weapons Kata.** This event is open to all association members who practice with weapons.
   5. **BJJ**. Current UKBJJA rules will be used as a guide for the competition with light and heavy weight categories for white, blue, purple, brown and black belts.
   6. **Kendo**. Current BKA rules will be used as a guide for the competition and will consist of Kyu grade and open sparring categories. There will also be a pairs Kata competition.
   7. **Dress**. Individuals are to wear martial arts uniform appropriate to their martial art. In addition, those who are taking part in sparing events are to wear the following:
6. Gum Shield (all competitors).
7. Hand Mitts (all competitors except WTF TKD practitioners).
8. Foot protectors (Karate and ITF TKD practitioners)
9. Groin Guard (male competitors).
10. Chest Protector (female competitors).
11. Bogu (Kendo competitors).
12. ISS Hogu (WTF TKD; Supplied before fight)
13. ISS WTF TKD approved sensor style foot sleeves (For hygiene reasons, fighters should bring their own)
14. Head Guard (ITF TKD and WTF TKD (official WTF approved type) practitioners)
15. WTF TKD fist protectors (WTF TKD practitioners, WTF approved)
16. Any queries about these instructions should be addressed to the Secretary, Capt Mathew Frost email: [Mathew.Frost252@mod.gov.uk](mailto:Mathew.Frost252@mod.gov.uk) or direct to Single Service Martial Arts Secretaries.