**Annex A to**

 **2019DIN07-008**

 **Dated Jan 19**

**ARMY ROWING CLUB ASSOCIATION LEARN TO ROW COURSES 2019**

|  |  |
| --- | --- |
| **Unit:** | **Return to ARCA Courses Coordinator:** **SSgt Stark -** frazer.stark778@mod.gov.uk  |
| **Unit Address:** |
| **Unit Rowing OIC/Contact Details** | **Course Preference Dates** |
| **Number/Rank/Name** | **Mil Tel No:** | **Civ Tel No:** | **Mil Email:** | **Civ Email:** | 1. | 2. | 3. |
| **Number** | **Rank** | **Name** | **Gender** | **Rowing Experience[[1]](#footnote-1)** | **Member of ASL (Yes/No)** | **Military Swim Test[[2]](#footnote-2) (Yes/No)** | **Remarks[[3]](#footnote-3)** |
| 12345678 | Pte | Example | Male | RCIRL | Yes – 3 tickets | Yes – 12 Dec 13 | Nil |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |

I have confirmed that each nomination is medically fit to attend and has the Military Swim Test recorded on JPA.

Unit Rowing OIC Signature: Date:

1. Recreational Indoor rowing/Regional Command Indoor Rowing League (RCIRL)/unit taster day/historical experience in civilian clubs etc. [↑](#footnote-ref-1)
2. Must be recorded on JPA. [↑](#footnote-ref-2)
3. Include any special needs or disabilities. [↑](#footnote-ref-3)