**Annex A to**

**2019DIN07-008**

**Dated Jan 19**

**ARMY ROWING CLUB ASSOCIATION LEARN TO ROW COURSES 2019**

|  |  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **Unit:** | | | | | | | | **Return to ARCA Courses Coordinator:**  **SSgt Stark -** [frazer.stark778@mod.gov.uk](mailto:frazer.stark778@mod.gov.uk) | | | | |
| **Unit Address:** | | | | | | | |
| **Unit Rowing OIC/Contact Details** | | | | | | | | **Course Preference Dates** | | | | |
| **Number/Rank/Name** | | **Mil Tel No:** | **Civ Tel No:** | **Mil Email:** | | **Civ Email:** | | 1. | | 2. | | 3. |
| **Number** | **Rank** | **Name** | | **Gender** | **Rowing Experience[[1]](#footnote-1)** | | **Member of ASL (Yes/No)** | | **Military Swim Test[[2]](#footnote-2) (Yes/No)** | | **Remarks[[3]](#footnote-3)** | |
| 12345678 | Pte | Example | | Male | RCIRL | | Yes – 3 tickets | | Yes – 12 Dec 13 | | Nil | |
|  |  |  | |  |  | |  | |  | |  | |
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I have confirmed that each nomination is medically fit to attend and has the Military Swim Test recorded on JPA.

Unit Rowing OIC Signature: Date:

1. Recreational Indoor rowing/Regional Command Indoor Rowing League (RCIRL)/unit taster day/historical experience in civilian clubs etc. [↑](#footnote-ref-1)
2. Must be recorded on JPA. [↑](#footnote-ref-2)
3. Include any special needs or disabilities. [↑](#footnote-ref-3)